



# Spring Fitness May 1 - 31, 2026

*Schedule subject to change (rev. 4/27/2026)*

Please navigate to [www.fidalgopool.com](http://www.fidalgopool.com) and select the Login for Scheduling link to reserve your session(s).

## Fitness Center/Gym Hours

*Reservations not required.*

**Monday –Thursday: 5 AM – 7 PM**

**Friday: 5 AM – 8 PM**

**Saturday & Sunday: 8 AM – 3 PM**

Fitness Evaluations are available by appointment with one of our Personal Trainers. Inquire at the front desk.

## Group Fitness Classes

*Reservations strongly suggested.*

Please see our visual group fitness schedule for class times. Class descriptions are available on our website or on the online catalog.

Land-based classes meet in the 2<sup>nd</sup> floor Group Fitness Classroom, unless otherwise noted.

Aquatic fitness classes meet in the pool’s Shallow Area Mondays & Wednesdays and in the Dive Tank on Fridays.

## Facility Closures

**May 15 @ Noon – May 17: 2026 Spring Thunderbird Swim Meet**

**May 25: Memorial Day**

### **Current Pricing**

*(Subject to change, rev. 12/30/2025)*

<b>Single Admission</b>	<b>10-Visit Punch Cards</b>	<b>All-Access Memberships</b>	
<b>Pool, Gym, Group Fitness: \$10</b>	<b>Onsite GroupX: \$80</b>	<b>Monthly Paid-in-Full:</b>	
		<b>Individual Resident: \$80 Non-Resident: \$90</b>	<b>Family Resident: \$145 Non-Resident: \$155</b>
<b>Virtual Group Fitness: \$5</b>	<b>Virtual GroupX: \$50</b>	<b>Monthly Recurring:</b>	
		<b>Individual Resident: \$75 Non-Resident: \$85</b>	<b>Family Resident: \$135 Non-Resident: \$145</b>
<b>Rec/Sensory Swim: \$5 per person</b>	<b>10-Visit Guest Pass: \$80</b>	<b>Quarterly Paid-in-Full:</b>	
		<b>Individual Resident: \$240 Non-Resident: \$270</b>	<b>Family Resident: \$435 Non-Resident: \$465</b>
<b>Family Rec/Sensory Swim: \$25 for 5 or more</b>		<b>Annual Paid-in-Full:</b>	
		<b>Individual: Resident: \$960 Non-Resident: \$1080</b>	<b>Family: Resident: \$1,620 Non-Resident: \$1,740</b>

*“Family” is defined as a group of individuals who reside at the same physical address and are recognized as dependents or co-filers on the same tax declaration.*