



1603 22nd Street
Anacortes, WA 98221
360-293-0673 (phone)

**Agenda for the Meeting of
The Board of Commissioners**

Date and Time: 5:30 p.m. Thursday, March 19, 2026

Location: Fidalgo Pool and Fitness Center

CALL TO ORDER

- Welcome Guests
- Identify Commissioners and Staff Present

PUBLIC COMMENT –

APPROVAL OF THE MINUTES-

- Regular meeting minutes 2- 19- 2026

CONSENT AGENDA

- Voucher Approval
- Update from Friends of Fidalgo Pool meeting

DIRECTOR/FINANCIAL REPORTS –

- Director Reports (Attached)
- Feb financials

COMMITTEE REPORTS-

- HR
- Facility

OLD BUSINESS-

- Bank account authorizations
- Board Bylaws update
- TAC Coach Compensation

NEW BUSINESS-

- Capital Campaign Funds
- Commissioner Candidate Interviews (Letters of Interest attached)

EXECUTIVE SESSION-

- Discussion of Commissioner candidates.

SELECTION/VOTE OF COMMISSIONER NOMINEE

If there are any questions regarding this agenda, please contact Arik Dahlen, Executive Director at 360-293-0673 x107 or adahlen@fidalgopool.com

Reports for the Regular Meeting
of the

Board of Commissioners

Date and Time: 5:30 PM, Thursday, Mar 19, 2026

Location: Fidalgo Pool & Fitness Center

Operations Director – Carla Bigelow

Equipment

- The new Concept2 RowERG arrived and is already in use in the fitness center.
- Friends of FPFC received a \$2,500 anonymous donation to purchase additional 10# – 25# dumbbells for the GroupX Classroom. I have purchased two 3-tier dumbbell rack stands, 14 pairs of dumbbells, and 12 fitness jump ropes for a total cost of \$790.88. Jennifer will contact the donor to discuss potential uses for the remaining balance.
- We are replacing the thick workout mats in the Fitness Center. 4 were purchased as part of the annual Love Fidalgo fundraiser. I have ordered 6 more.
- Friends of FPFC was awarded a Rotary grant in the amount of \$3,000 to pay for a new aquatic fitness sound system and headphones. The system will be purchased from AV Now, which specializes in portable fitness sound systems, including aquatic-specific systems.
- Several web belts for the deep-water buoyant belts need to be replaced. I will be going through all of them to assess which ones need replacing in order to make an order with Hydro-fit this week.

GroupX Classes:

- H2O Fit & Flow, HIIT'n the Deep, and Work'n the Deep are back on the regular schedule with Instructor Lori Johnson. Miranda Bunge will remain on staff as a substitute instructor.
- Arik and I are working with Lori on a new small group offering specifically for Parkinson's patients.
- Pilates instructor Marissa Carr has joined our GroupX staff. She has a Mat Pilates certification through Balanced Body, is a Precision Nutrition-certified coach, and is completing her personal training certification with the National Federation of Professional Trainers. Beginning April 3, she will teach a Friday afternoon Pilates Sculpt class with plans add more groupX classes in the future and will join the Personal Training staff when her certification is completed.

Fitness Benefit Programs

- A long-term project cleaning up membership lists for Optum and ASH is continuing. Patrons who are listed on the Optum/Healthy Contributions and ASH websites who have not checked in/had reported visits to FPFC for two or more years via these programs are being removed.
- We continue to receive 5 – 10+ new Fitness Benefit forms weekly.

Maintenance Director – John Little

- Working on getting warm up lane lines for the deep end of the pool. The lines will be used during swim meets that are in yards.
- The pool wall step repairs are still pending; summer closure will be the best time to repair them.
- Working on identifying 2-year, 5-year and 10-year capital improvement projects for the Facilities Committee.
- Collaborating with the Executive Director to see if we can increase our Maintenance and Custodial capabilities with additional staff or contractors.
- We increased the size of our dumpster to accommodate the large weekend swim meets and pool parties.

TAC Head Coach - George Minkel

Upcoming Swim Meets:

- Kona Senior Spring Invite: March 18-21
 - Itinerary finalized including competition, meals, recreation, and team activities
 - Traveling with swimmers Monday March 16 – Sunday March 22
- PN MMSC April Madness: April 18-19
 - TAC team registration is available, waiting for meet announcement and event registration file from meet host
- PN Spring Showdown: March 28-29
 - Meet registration file and announcement completed and we are waiting for entries with an entry deadline of March 17 for the meet.
- PN Spring Thunderbird Open: May 15-18
 - Meet registration file created and meet announcement is in closing stages of completion for the sanctioning process.
- PN Spring TAC Pentathlon and Distance Open: June 6-7
 - Meet registration file and announcement are in the beginning stages of completion for the sanctioning process
- Pacific Northwest Swimming:
 - PN Board is preparing for the 2026-2027 season and upcoming House of Delegates meeting. TAC head coach participation in the position of Secretary, term of service finishes May 2026. A second term is available but undecided of future commitment.
- TAC Tryouts Friday March 13 for new swimmers ages 8-13 for the Bronze, Silver, and Gold groups.

Aquatics Director- Jenny Claridge

It has been a busy time at the pool between swim meets, swim lessons, and Red Cross training courses. We have seen an increase in lap swimming recently; it's been nice to see the lanes full of swimmers.

On March 8th, we hosted the TAC Masters March Madness swim meet. We welcomed 45 swimmers from across the Puget Sound, Oregon, and even a few from Canada. The meet ran smoothly and the feedback was positive from participants. This is the final time for me as the meet director. I created a meet director handbook to pass down to the future meet director(s). The meet director's position is meant to be a volunteer position for someone who is a member of the team. Historically for FPFC the head coach of TACM was meet director. I am no longer the head coach, and with my other responsibilities it made sense for this year to be the final year in the position.

The lifeguard in-service this month focused on recognition. We discussed at length recognizing what a distressed swimmer looks like. We watched a real-life event that occurred at the Bainbridge Island pool of an 8-year-old drowning victim. This sparked some great conversation with the lifeguards. We are updating our swimming testing policy for recreational swims. We have always done a simple test of swimming the length of the shallow side wing but are finding issues when swimmers move from the shallow end into the deep end or on the wibit. Our new policy is as follows: Swimmers will jump into the dive tank, resurface and swim the length of the dive tank, tread water for 30 seconds, swim back to the starting point. This aligns with the Red Cross's swimming competency test for learn to swim level 3. Anyone who does not pass the swim test will either be required to stay in the shallow end or wear a life jacket.

Our weekly skills beginning March 16 are entries with the rescue tube i.e. stride jump, compact jump and slide in, swim 200 meters, and the brick swim, which includes swimming 20 meters, submerging to the 13ft depth, retrieve a 10lb brick and swim back to the starting point using only the legs. We have added back to the CPR portion using the practice AED. The reward for completing the

skills tests every week this month without reminder is going to an escape room, I think this is a fun activity that will also help with our team building.

The upcoming lifeguard course is scheduled for March 14, 15, 21 & 22. There are 10 participants registered. I am working in partnership with the Lopez Island Aquatics Director to get some of their lifeguards certified to be ready for the pool to open in the next month. Hoping to hire at least 4 guards out of this class. We plan to run another course at the end of April.

Swimming lessons are going very well. We are starting to see families who have taken long breaks come back. Our adaptive program is also growing. I am getting inquiries weekly. Special Olympics started on Wednesday; I anticipate the continued growth of the adaptive program because several of our certified instructors are volunteering their time.

I recently recertified my Lifeguard Instructor Trainer certification, Richelle Williams in Bellingham and I trade services, it has been a great relationship. Our Lifeguard instructors on staff will need to recertify in April, Lance from Lopez Island will join that class as well.

I am currently working through 10 hours of online training for a resilience first aid course, the final in person session is March 31st. I am continuing with 120 hours of online learning to receive my AQ Designation with the Association of Aquatics Professionals, this has been a really good learning experience so far.

Upcoming Red Cross Courses:

1. Community CPR – March 31 6pm-8:30pm
2. Babysitter Course – April 6-8 9am-3pm
3. Lifeguard instructor recertification – April 4 potentially
4. Lifeguard Course – April 25 & 26; May 2 & 3
5. Water safety instructor – May TBD

Letter of Interest

Charles “Ted” Rolfes
1802 Ohio Ave, Anacortes, WA 98221
tedrolfes@yahoo.com

March 12, 2026

Board of Commissioners, Fidalgo Pool and Fitness Center

Dear Mr. Dahlen and Members of the Board,

I am writing to express my strong interest in serving on the Board of Commissioners of the Fidalgo Pool and Fitness Center. My family and I have been FPFC members for several years, and we are currently heavy users of the pool through our involvement in both the TAC and TAC Masters swim clubs. I recognize the value that FPFC brings to our community and to the city of Anacortes, and I would like to participate in the planning and oversight that the Board provides to keep the facility operating to meet the needs of our growing community. I have been especially interested in the programs to raise funds for capital expansion, and in the campaigns to gain approval from Anacortes voters over the last two years. I would be honored to contribute my time, experience, and leadership in support of FPFC expansion and continued operation.

In my professional role as a Group Product Manager for Hexcel Corporation, I lead cross-functional teams responsible for strategy, execution, and long-term value creation. This experience has strengthened my skills in governance-minded decision-making, financial and operational oversight, risk management, and stakeholder alignment. I regularly work with senior leaders to balance short-term execution with long-term strategy—an approach I believe aligns well with the role of the Board of Commissioners.

Thank you for considering my interest in filling the current open position on the Board. I would welcome the opportunity to discuss how my background and passion align with the needs of FPFC and how I can best support its long term success. I will be unavailable for the preliminary interview scheduled for March 19, as I will be traveling with the Thunderbirds to their championship invitational swim meet in Kona, Hawaii. Once we return on March 22, I will make myself available for an interview at the Board's convenience.

Sincerely,

Ted Rolfes

Mike VanQuickenborne

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Anacortes, WA 98221
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mvq@comcast.net

March 8, 2026

Arik Dahlen, Director
Fidalgo Pool and Fitness Center
1603 22nd St
Anacortes, WA 98221

I am writing to express my interest in serving on the Fidalgo Pool and Fitness Center Board of Commissioners. I have been around swimming pools my entire life, having swum competitively in high school and college, as well as having competed in water polo at those same levels. So it was natural for me to use the pool when I moved to Anacortes 23 years ago, and in fact it is fair to say that the pool is one of the reasons I moved to the island, as I was helping to run the Fidalgo Orcas water polo club at the time.

I have deepened my connection to the community over the decades, first of all by having my two daughters go through the school system here, followed by my involvement with helping to run the thrice weekly Mount Erie recreational pickleball group, and most recently including my service on the Anacortes Public Library Board of trustees.

I will also note that I have good experience with leadership, working collaboratively, and budgets as I have been elected multiple times to serve my colleagues in the faculty union (including as President three times) at Everett Community College, where I have been a tenured philosophy instructor for over two decades. I know that given the age of the facility, the pool in particular faces significant challenges in the near term, and I would be excited join you to help keep the FPFC a vibrant facility for years to come!

Sincerely yours,



Mike VanQuickenborne

March 5, 2026

Arick Dahlen
Executive Director
Fidalgo Park and Recreation District

This letter is an application for the open Commissioner seat on the Fidalgo Pool Park and Recreation District Board. My name is Tory Haschak and I have lived in Anacortes for over eight years, and part time for the ten years before that. I am a regular user of the Fidalgo Pool as a lap swimmer and a life long fitness enthusiast. My husband and I raised five kids in the Kirkland area and had all of our kids participate in swim lessons and three of them in the swim team. Access to a pool and lessons is such an important part of a northwest childhood as we are surrounded by water.

I worked in finance in the software industry, took time off when my kids were young, then had a second career in the Municipal Court system. I served from 1996 - 2002 on the Kirkland Park Board, providing recommendations to the City Council about parks and recreation issues. This was a citizen board that met once monthly and hosted numerous community information and input sessions. During my time on the Park Board, I served as chair for two years, we helped in the purchase and development of 5 city parks in underserved areas, upgraded the programming at the Community Center and helped develop the joint senior/teen center. The Park Board also assisted in the planning and promotion of the successful \$8.4 million dollar Park Bond in 2002.

I am an easy going consensus builder who can work with many different people. I recognize the value of the Pool and Fitness Center, both as a support for a healthy lifestyle and possibly more importantly, as a community gathering and connecting place. I met one of my best friends at the Fidalgo Pool, and I think this facility is such a great resource for all sorts of people. I never fail to feel inspired by all of the ages and abilities of people working out, generally so cheerfully. I would like to support all that this facility means to the community and offer my insight and commitment to this lovely place.

Sincerely

Tory Haschak
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3509 D Avenue
Unit C-1
Anacortes, WA 98221
March 4, 2026

Board of Commissioners
Fidalgo Park and Recreation District

Dear Board of Commissioners,

I understand that you are seeking individuals passionate about parks, recreation, and community service to apply for a current vacancy on the Board. I am writing to express my interest in being considered for the vacancy. My address on this letter is my voting residence.

My love for the Fidalgo Pool and Fitness Center (FPFC) began when I first arrived in Anacortes in September 2022. In fact, the first place I stopped was at the pool to purchase an unlimited annual pass and I have been swimming at the pool pretty much every day since. From my first visit I was struck by the warmth and helpfulness of the staff, the cheerful and friendly fellow swimmers in the locker room, and of course the pool itself which somehow seemed to make room for everyone. I love the community spirit fostered at the FPFC, obvious in the range of ages and abilities of folks I see there regularly, and in wonderful community service efforts like the Friends' annual drive to raise funds for swimming lessons for children.

The FPFC is a community treasure, and I would like very much to help preserve and enhance that treasure. I currently am serving my second term on the Anacortes Community Theatre (ACT) and believe that my experience there in building community support and working cohesively as a board would help me be an effective member of this Board. Prior to retiring in August 2022, I spent four decades working in Washington, DC, primarily as a legislative affairs attorney and advisor. My work focused largely on finding ways to communicate often complicated issues in a clear, concise, and compelling way to elected officials and staff, and to find ways to achieve consensus. I also served on the Arlington County (Virginia) Aquatics Advisory Committee before I moved here. If selected, I would hope to be able to put my experience to use on behalf of the FPFC.

To me, the FPFC is a vital piece of the Anacortes community, which is the way I think too of the Anacortes Community Theatre. Both are places where people across our community can come and find joy, learn and grow, make friends, and be welcomed. As such, they are essential parts of the spirit and closeness of Anacortes. Working to ensure that these entities can continue to serve this community for many years to come is critical. Thank you for the work you are doing for the FPFC and thank you for considering me for the Board vacancy.

All best,

Kathleen Brueger

February 27, 2026

Arik Dahlen
Executive Director
Fidalgo Pool and Fitness Center
1603 22nd Street
Anacortes, WA 98221

Dear Arik:

I'd like to be considered for your Board vacancy on the Fidalgo Pool and Fitness Center's Board of Commissioners. I attend classes at the fitness center five days a week. The staff and instructors are fantastic. They are talented and very dedicated. I met you recently as part of the Yoga advocacy group for Summer's Hatha and Slow Flow Yoga classes. I mentioned in that meeting that we moved to Anacortes in part because my research confirmed a culture that was committed to community involvement with facilities such as the Fidalgo Fitness Center and the Senior Center. For a small town, Anacortes is thriving with art, soul, and engagement.

My husband and I moved to Anacortes from the Bay Area in California in 2018. In California I was on the Board of Directors for our local YMCA, where I also attended classes for 20 years. In my career I was a Vice President of Sales, in various sales and marketing roles, Controller for an ABC television affiliate, and led strategic projects for the Assistant Commissioner of General Services for the City of New York. In my job I traveled to every state in the US except two, to the UK, and to China. I specialized in strategic business consulting working with executives to improve company operations in the design of Oracle software implementation which automated every department's processes. I developed expertise in manufacturing, finance, customer relations, product lifecycle management to mention a few.

I have been Treasurer for two HOA's here in Anacortes for seven years. I have led the transition from manual record keeping to complete automation including membership software, a new Website, and extensive financial budgeting and reconciliation, including Reserves planning. I've gotten to know everyone in the two HOA's as networking is my passion.

My husband's career was that of an Episcopal Priest. We lived in England for two years and we have travelled quite a bit in Europe. I claimed my own path in the church communities creating unique new programs with kids, a musical orchestra, a guitar band, and a variety of creative offerings. One church had a diminishing Alter Guild, and I came

up with the idea of “Altar Egos” which allowed people to focus on what they enjoyed and not become over committed. Men joined for the first time ever! I love thinking out of the box.

My husband has said that when I encounter a problem I tend to sail into the storm. I gained respect from my customers as I have learned to listen reserving my agenda. I was known for my ability to identify solutions that were a win-win for everyone. For the Fidalgo Pool and Fitness Center I could contribute in a variety of ways including, marketing messaging, membership advocacy, technology improvements, analyzing offerings to align with membership needs, developing justification for strategic grown projects. I have made hundreds of presentations in my career, so I can network and present in the community as needed. And the joy of retirement is the permission to use talent but be able to be relaxed and have the time for laughter.

I am a registered voter here in Anacortes. As I’m not sure of your expectations for the information provided in this letter of interest, therefore I look forward to the interview process. Please don’t hesitate to contact me for further information.

By the way I was very impressed with how you handled our Yoga meeting. That was an incentive for me to respond to your board vacancy notice.

Regards,

Dawn R. Bachmann

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