



Winter Fitness March 1 - 31, 2026

Schedule subject to change (rev. 2/23/2026)

Please navigate to www.fidalgopool.com and select the Login for Scheduling link to reserve your session(s).

Fitness Center/Gym Hours

Reservations not required.

Monday –Thursday: 5 AM – 7 PM

Friday: 5 AM – 8 PM

Saturday & Sunday: 8 AM – 3 PM

Fitness Evaluations available by appointment with one of our Personal Trainers. Inquire at the front desk.

Group Fitness Classes

Reservations strongly suggested.

Please see our visual group fitness schedule for class times. Class descriptions are available on our website or on the online catalog.

Land-based classes meet in the 2nd floor Group Fitness Classroom, unless otherwise noted.

Aquatic fitness classes meet in the pool’s Shallow Area Mondays & Wednesdays and in the Dive Tank on Fridays.

Facility Closures

March 8 (Pool Only): TAC Masters Swim Meet

March 27 (Pool @ Noon; Gym @ 3 PM), March 28 & 29 (Facility): PN Spring Showdown Swim Meet

Current Pricing

(Subject to change, rev. 12/30/2025)

| Single Admission | 10-Visit Punch Cards | All-Access Memberships | |
|--|------------------------------|--|---|
| Pool, Gym, Group Fitness: \$10 | Onsite GroupX: \$80 | Monthly Paid-in-Full: | |
| | | Individual Resident: \$80 Non-Resident: \$90 | Family Resident: \$145 Non-Resident: \$155 |
| Virtual Group Fitness: \$5 | Virtual GroupX: \$50 | Monthly Recurring: | |
| | | Individual Resident: \$75 Non-Resident: \$85 | Family Resident: \$135 Non-Resident: \$145 |
| Rec/Sensory Swim: \$5 per person | 10-Visit Guest Pass: \$80 | Quarterly Paid-in-Full: | |
| | | Individual Resident: \$240 Non-Resident: \$270 | Family Resident: \$435 Non-Resident: \$465 |
| Family Rec/Sensory Swim: \$25 for 5 or more | | Annual Paid-in-Full: | |
| | | Individual: Resident: \$960 Non-Resident: \$1080 | Family: Resident: \$1,620 Non-Resident: \$1,740 |

“Family” is defined as a group of individuals who reside at the same physical address and are recognized as dependents or co-filers on the same tax declaration.