

## Pool & Facility Rules

Instructors, swimmers and families are to wear masks until entering the water. There currently is no changing in the facility or showering capability. Please rinse off at home prior to coming to your lesson.

Restrooms are available on site and we have several hand sanitizing stations.

We are currently limited to independent swimmers with an instructor either on deck or 6 ft. from child in the water. Beginner swimmers may have the option of the parent in the water to assist their child.

Instructors must remain hands off during COVID-19 unless there is an emergency.



Fidalgo Pool and Fitness Center  
1603 22nd Street  
Anacortes, WA. 98221  
Phone: 360-293-0673  
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## PRIVATE SWIM LESSONS





## **Fun with Instructors!**

**We base our private swim lessons on the American Red Cross “Learn-To-Swim” program - Beginner to Swim Team Prep!**

You can have fun while swimming!

We strive to make swimming a pleasant experience for our clients. With support from our instructors, we can meet your goals!

## Private Lesson Times for FALL 2020:

Monday—Friday:  
11:00am.-1:30pm.

Sat. & Sun.:  
2:00-5:00pm.

(Instructors must book themselves and private lesson students in each 30-minute time slot)

You can schedule time with an Instructor over the phone. All lessons are between the Private Lesson Instructor and yourself. Payment will be made directly to the Instructor, our front desk does not handle this transaction. \$5.00 of your payment will go to the entry of the child and Instructors pay this fee.

Pool schedules fluctuate throughout the year for different events and seasons such as school and sports.

Schedules will be updated often and your Instructor will get in touch with you about any of these changes to make arrangements for lesson times.

## Instructor List:

### **Anderson, Erica— (714) 742-0526**

**Certified WSI:** Specializes in helping beginner students trust themselves in the water, intermediate to advanced swimming levels including swim team prep, technique & refinement.

### **Bigelow, Carla— (360) 293-0673**

**Certified WSIT:** Specializes in beginner to advanced swimmers including special needs children and adults.

### **Cunningham, Connor— (360) 298-5401**

Specializes in beginner swimmers through young independent swimmers (Pre 1-LTS 3).

### **Dees, Jillian – (281) 813-4824**

**Certified WSIT:** Specializes in beginner to advanced swimmers including swim team prep, progression and special needs.

### **Johnson, Lori— (360) 982-6530**

**Certified WSI:** Specializes in beginners to adult, including special needs, water aerobics and physical therapy.

### **Omdal, Rachel— (360) 610-3525**

**Certified WSI:** Specializes in beginners to advanced swimming levels including swim team prep, technique and refinement. Works with progressions and special needs.

### **Scratch, Julie— (253) 736-5978**

**Certified WSI:** Specializes in beginner to intermediate swimmers. Also works with Aerobic, Pilates and Yoga client goals.