

Welcome to Our Pool

Each child brings different experiences and expectations when they come to Swim Lessons. Our teachers are kind and caring and will do their best to meet your child's needs in a group setting.

If one-on-one instruction would better suit your child's needs, private lessons are available.

Parents: We need your help...

- Have your child take a cleansing shower before going out to the pool. It helps prevent water-borne illness.
- **No shoes are allowed on the pool deck except for aqua shoes or shoes that have not been worn outside.**
- Please respect our Instructors.
- Parents of children seven & older must observe from the balcony.
- Children who are not potty-trained must wear a swim diaper with plastic pants when in the pool. They are available for purchase at the Front Desk for \$3.00 each.

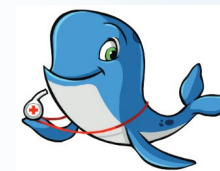


1603 22nd Street
Anacortes, WA 98221
Phone: 360-293-0673
www.fidalgopool.com



2019

Fall
Swim Lessons



*Session 1: Sept. 9-Oct. 3
(8 Lessons)*

Reg. open Aug. 29-Sept. 10

*Session 2: Oct. 7-31
(8 Lessons)*

Reg. open Oct. 3-8

*Session 3: Nov. 4-21
(6 Lessons)*

Reg. open Oct. 31-Nov. 5



Class Placement

To properly place your child, please speak with an instructor or Aquatics Manager.

What class for my child?

Aqua Kids:	6—36 mos. (with parent)
Preschool	3—5 yrs. —30 min.
Learn To Swim	6—15 yrs. —45 min.
Adult	15 yrs. & up —45 min.

Sessions

Session 1: Sept. 9-Oct. 3 (8 Lessons)
Aqua Kids & Preschool : \$55
LTS: \$80

***Session 2:** Oct. 7-31 (8 Lessons)
Aqua Kids & Preschool : \$55
LTS: \$80

Session 3: Nov. 4-21 (6 Lessons)
Aqua Kids & Preschool: \$42
LTS: \$60

Out of District add \$5.00 per session

Group Lesson Days & Times

M/W AM LESSONS

Pre 1, 2 & 3	10:30am
Pre 1 & 2 Combined	11:05am
LTS 1 & 2	11:05am.

T/TH AM LESSONS

Pre 1, 2 & 3	10:30am
LTS 1 & 2	11:05am
Aqua Kids	11:10am

<u>M/W</u>	<u>PM LESSONS</u>	<u>T/TH</u>
Aqua Kids	4:35pm	Pre 1, 2 & 3 4:35pm
Pre 1 & 2	4:35pm	LTS 1, 2 & 3 4:35pm
LTS 1 & 2	4:35pm	Pre 1, 2 & 3 5:10pm
Pre 1, 2 & 3	5:10pm	LTS 4, 5 & 6 5:25pm
LTS 1, 2 & 3	5:25pm	Pre 1, 2 & 3 5:45pm
LTS 4, 5 & 6	5:45pm	
Pre 1, 2 & 3	5:45pm	

***Registration Update!**

Registration for each session will now occur from the last day of the previous session in which you are enrolling. Registration is on a first-come, first-served basis. If your child is a continuing student, please speak with your instructor for placement instructions prior to registering for the next session.

Preschool Ages 3-5 yrs.

Pre 1– Beginner -Full dependency. (Does not swim)

Pre 2– Intermediate - With some independency.

Pre 3– Advanced– Independent in the water (can swim and float on their own).

Learn-to-Swim 6 yrs. & up

LTS 1– Beginner – Full dependency. (Does not swim)

LTS 2– Beginner with some independency.

LTS 3– Intermediate - Can swim independently and tread water.

LTS 4– Intermediate –Can swim the length of the pool, tread and dive.

LTS 5 & 6– (Pre Swim Team) Can swim multiple lengths of the pool with knowledge of 6 key strokes, turns & dives. Learns stroke, turn & dive refinement as well as personal fitness.

Adult– Beginner skills through intermediate stroke refinement.