

Welcome to Our Pool

Each child brings different experiences and expectations when they come to Swim Lessons. Our teachers are kind and caring and will do their best to meet your child's needs in a group setting.

If one-on-one instruction would better suit your child's needs, private lessons are available.

Parents: We need your help...

- Have your child take a cleansing shower before going out to the pool. It helps prevent water-borne illness.
- **No shoes are allowed on the pool deck except for aqua shoes or shoes that have not been worn outside.**
- Please respect our Instructors.
- Parents of children seven & older must observe from the balcony.
- Children who are not potty-trained must wear a swim diaper with plastic pants when in the pool. They are available for purchase at the Front Desk for \$3.00 each.

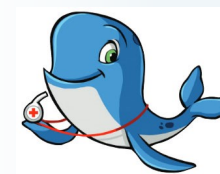


1603 22nd Street
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www.fidalgopool.com



2019

Spring
Swim Lessons



Session 1: Mar. 4-28
Session 2: Apr. 8-May 2
Session 3: May 6-30
Session 4: June 3-20

*Private Lessons available the week of
April 1-7*

*Swim Lesson App:
redcross.org/mobileapps
Or go to
www.fidalgopool.com*



Class Placement

To properly place your child, please speak with an instructor or Aquatics Manager.

What class for my child?

- Aqua Kids:** 6-36 mos. (with parent)
- Preschool** 3-5 yrs. Old —30 min.
- Learn To Swim** 6—15 yrs. —45 min.
- Adult** 15 yrs. & up —45 min.

Sessions

- Session 1:** March 4-28
- Session 2:** April 8-May 2
- Session 3:** May 6-30
- Session 4:** June 3-20

Fees

- Aqua Kids & Preschool:**
 \$55.00 Mar. & Apr.
 \$50.00 May M/W (No class 5/27)—
 \$55.00 May T/TH
 \$42.00 June (6 lessons)

- LTS & Adult classes:**
 \$80.00 Mar. & Apr.
 \$70.00 May (No class Memorial Day)
 \$60.00 June (6 lessons)

Group Lesson Days & Times

M/W AM Lessons

- Pre Mix** 10:30 am.
- Pre Mix** 11:05 am.
- LTS Mix** 11:05 am.

T/TH AM Lessons

- Pre Mix** 10:30 am.
- Aqua Kids** 11:05 am.
- Adult Class** 11:05 am.
- LTS Mix** 11:05 am.

<u>M/W PM</u>		<u>T/TH PM</u>	
Pre 1, 2 & 3	4:30pm	Aqua Kids	4:00pm
LTS 1/2	4:30pm	Pre 1 & 2	4:00pm
Pre 1, 2 & 3	5:05pm	Pre 1, 2 & 3	4:35pm
LTS 1 & 2	5:20pm	LTS 1/2	4:35pm
LTS 3, 4, 5 & 6	5:30pm	Pre 1, 2 & 3	5:10pm
March & April in Yards		LTS 1, 2, & 3	5:25pm
May.—Jun. Meters		LTS 4, 5 & 6	5:30pm

Space for each class is modified for safety and quality instruction.

****Spring Registration opens Friday, February 8th and is on a first come first serve basis.***

Assigning your child's level

Preschool Ages 3-5 yrs.

Pre 1– Beginner -Full dependency. (Does not swim)

Pre 2– Intermediate - With some independency.

Pre 3– Advanced– Independent in the water (can swim and float on their own).

Learn-to-Swim 6 yrs. & up

LTS 1– Beginner – Full dependency. (Does not swim)

LTS 2– Beginner with some independency.

LTS 3– Intermediate - Can swim independently and tread water.

LTS 4– Intermediate –Can swim the length of the pool, tread and dive.

LTS 5 & 6– (Pre Swim Team) Can swim multiple lengths of the pool. Can Swim 6 key strokes, turns & dives. Learns stroke, turn & dive refinement as well as personal fitness.

Adult– Beginner skills through intermediate stroke refinement.