

## Welcome to Our Pool

Each child brings different experiences and expectations when they come to Swim Lessons. Our teachers are kind and caring and will do their best to meet your child's needs in a group setting.

If one-on-one instruction would better suit your child's needs, private lessons are available.

### Parents: We need your help...

- Have your child take a cleansing shower before going out to the pool. It helps prevent water-borne illness.
- **No shoes are allowed on the pool deck except for aqua shoes or shoes that have not been worn outside.**
- Please respect our Instructors.
- Parents of children seven & older must observe from the balcony.
- Children who are not potty-trained must wear a swim diaper with plastic pants when in the pool. They are available for purchase at the Front Desk for \$3.00 each.

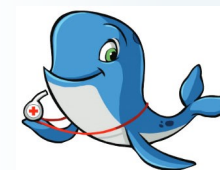


1603 22nd Street  
Anacortes, WA 98221  
Phone: 360-293-0673  
[www.fidalgopool.com](http://www.fidalgopool.com)



2019

Summer  
Swim Lessons



***Session 1: July 8-18***  
***Session 2: July 22-Aug. 1***  
***Session 3: Aug. 19-29***

***Private Lessons available:***  
***June 24-28, July 1-7 & Aug. 5-9***  
***(Closed July 4th)***

**Facility Shutdown August 10-18**

***Swim Lesson App:***  
***[redcross.org/mobileapps](http://redcross.org/mobileapps)***  
***Or go to***  
***[www.fidalgopool.com](http://www.fidalgopool.com)***



### Class Placement

To properly place your child, please speak with an instructor or Aquatics Manager.

#### What class for my child?

**Aqua Kids:** 6-36 mos.  
(with parent)  
**Preschool** 3-5 yrs. Old —30 min.  
**Learn To Swim** 6—15 yrs. —45 min.  
**Adult** 16 yrs. & up —45 min.  
(For Adult lessons in summer, please ask for a private lesson list)

### Sessions

**Session 1:** July 8-18

**Session 2:** July 22- Aug. 1

**Session 3:** Aug. 19-29

### Fees

**Aqua Kids & Preschool: \$55.00**

**Learn-To-Swim: \$80.00**

Out of District add \$5.00 per session

## Group Lesson Days & Times

**Registration Opens June 1st, 2019!**

**Monday -Thursday**

### **2 week sessions**

#### AM Lessons

**Pre 1, 2 & 3** 9:30 am.

**LTS 1 & 2** 9:30 am.

**Pre 1, 2 & 3** 10:05 am.

**LTS 1, 2 & 3** 10:20 am.

**Pre 1 & 2** 10:40 am.

**LTS 4, 5 & 6** 11:10 am.

**\*Aqua Kids— M/W 5:10pm./T/TH 11:00am.**

#### PM Lessons

**Pre 1, 2 & 3** 4:00 pm.

**LTS 1, 2 & 3** 4:00 pm.

**Pre 1, 2 & 3** 4:35 pm.

**LTS 1, 2 & 3** 4:50 pm.

**Pre 1 & 2** 5:10pm.

**LTS 4, 5 & 6** 5:40 pm.

#### Please Note:

- Space for each class is modified for safety.
- Registration opens June 1st and is on a first come first serve basis.
- We ask all registrants, please speak with your Instructor the last week of lessons before you sign your child up for a new session

## **Preschool Ages 3-5 yrs.**

**Pre 1**– Beginner -Full dependency. (Does not swim)

**Pre 2**– Intermediate - With some independency.

**Pre 3**– Advanced– Independent in the water, can swim and float on their own.

## **Learn-to-Swim 6 yrs. & up**

**LTS 1**– Beginner – Full dependency. Does not swim.

**LTS 2**– Beginner with some independency.

**LTS 3**– Intermediate - Can swim independently and tread water.

**LTS 4**– Intermediate –Can swim the length of the pool, tread and dive.

**LTS 5 & 6**– Swim Team Prep- Can swim multiple lengths of the pool with knowledge of 6 key strokes, turns & dives. Learns stroke, turn & dive refinement as well as personal fitness.

**Adult**– Beginner skills through intermediate stroke refinement.