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MINUTES

Regular Meeting of the Board of Commissioners
Fidalgo Pool and Fitness Center
Thursday, March 3, 2016, 5:30 p.m.

CALL TO ORDER

The meeting was called to order by Commissioner Andrew Olson at 5:34 p.m.
Commissioners Present: Andrew Olson, Mel Larsen, David Way
Commissioners Absent: Jeremy McNett, Pam Taylor
Staff Present: Marilyn Stadler, Carla Bigelow, John Little, Cheryl Thomas
Guests: Marcia Books

APPROVAL OF MINUTES

The regular meeting minutes of February 4, 2016 were reviewed.

MOTION: A motion was made and seconded (WAY/LARSEN) to approve the minutes from the February 4, 2016 regular meeting. The motion passed unanimously.

APPROVAL OF VOUCHER(S)

2/26/2016	\$74,258.12
TOTAL	\$74,258.12

MOTION: A motion was made and seconded (OLSON/LARSEN) to approve the voucher as submitted. The motion passed unanimously.

PUBLIC COMMENTS/CORRESPONDENCE

Tell Us About It” Summary

We had two “Tell Us About It” form, one note and one email since our last Board of Commissioners’ meeting. A summary of the comments is below:

1. Repair the bathrooms.
2. In the minutes of the Commissioner’s January 7 meeting there was a section (page 3) covering the potential purchase of a power rack for the fitness center. Please consider these points:
 - How does the choice of this equipment compare/rank with other options, such as another treadmill or elliptical machine? In other words, how can we tell if this is an optimal idea?
 - The suggestion of 255 pounds of weights is too low; the existing Precor bench press machine has 240 on it. The new rack system will be above \$4000, in order to attract the type of people who would use it; it should be outfitted with a minimum of 350 pounds. Thanks for your work.

3. Please put shower head sprays on all shower faucets. (Referred to Maintenance.)
4. A Master's Swim Team patron wants automatic electronic payment options. Business Manager Thomas is in the process of setting the customer up in the TAC program.

Thunderbird Aquatic Club (TAC) – Coach Jason Hunter

- TAC numbers are:
 - Home School: 10(-5)
 - Bronze: 30 (+5)
 - Silver: 20 (+1)
 - Gold: 17 (0)
 - Juniors: 25 (0)
 - Seniors: 4
 - Masters: 16
- Total 101 without masters Active + or - 3
- Our home school group is starting a new session and it is a smaller group this time.
- TAC will be hosting a home meet March 5-6, there will be 5 teams involved for a total of 200 athletes. TAC has 62 swimmers signed up for the meet and Coach Jason is expecting the team to place 1st.
- We saw the end of the high school boys' season. Almost every TAC swimmer made state in one form or another, including swimmers who swam for Mount Vernon, Sedro-Woolley and Burlington.
- Anacortes placed 1st at state, 2nd time in two years. They had 10 swimmers competing in the state meet. 9 of the 10 swimmers are TAC swimmers, and the 10th one is a diver. Elliott Hofferth placed 1st in the 200 im, 1st in the 100 fly; Nathan Mathes placed 1st in the 100 free, 2nd in the 50 free; Mickey Laws placed 3rd in the 200 im, 3rd in the 100 free; Emmett Moore took 3rd in the 100 fly.
- Elliott Hofferth set two records in the 100 fly and 200 im. Their relays also set several records for the high school.
- Jason will be attending Sr. Sectionals March 17-20, and age group sectionals March 10-12.
- We have started a high school/middle school 6 week program to encourage teen age individuals to try out swimming without the intimidation of swimming against kids who have been doing it for multiple years.

Aquatics & Fitness Report – Aquatic & Fitness Manager Carla Bigelow

- **SilverSneakers®:** In December 2015, 153 out of 678 enrollees participated for 1,117 visits. In January 2016, 192 out of 700 enrollees participated for 1,236 visits.
- **Silver&Fit®:** In December 2015, 5 out of 10 enrollees participated for 36 visits. In January 2016, 4 out of 8 enrollees participated for 45 visits.
- **At Your Best®:** In December 2015, 14 out of 22 enrollees participated for 125 visits. In January 2016, 24 out of 32 enrollees participated for 184 visits.

FITNESS

Equipment:

- Precor Maintenance was here mid-February for quarterly maintenance. All of the equipment is working well and in good repair.

- AFM Bigelow worked with Commissioner Olson and Fitness Instructor (FI) Ciminski on final recommendations for an Olympic rack, bars and bumpers. There are currently two proposals from Robin Rexroat of Precor Commercial Fitness, and a price for comparable equipment from Rogue Fitness. Rogue Fitness offered similar equipment for essentially \$2,000 less.

MOTION: A motion was made and seconded (OLSON/WAY) to spend up to \$3,500 on the purchase of an Olympic Squat system, free weights and other accessories from Rogue Fitness. The motion passed unanimously.

- Six additional SilverSneakers® chairs were ordered and received for the GroupX Classroom. AFM Bigelow may need to order a few more as attendance for Silver Sneakers® Classic and Gentle Yoga has increased.
- MM Little purchased a new CD changer for the GroupX Classroom. Horizon also came by to check the sound system and speakers since the fitness instructors were having problems with the sound cutting out intermittently. New speaker wires need to be run from the amplifier to the speakers.

Classes:

- Additional classes for Spring include a Tuesday evening Boot Camp led by FI Fors, a TRX Basics class offered by FI Ciminski (day and time TBD).

AQUATICS

Fitness:

- FI Fors will be offering a 30 minute high intensity workout on MWF at 7:30 AM.

Swim School:

- 124 students enrolled in ARC swim lessons for Winter Session II. This number does not include Aqua Kids or drop in students.
- 29 students from the Swinomish Tribe are enrolled in ARC swim lessons through the end of March. Plans are for the tribe to enroll the children in lessons through to the end of school year then re-enroll the children in the fall.

SPECIAL EVENTS

- On Friday, March 18 Christ the King (CTK) Church is paying for all open swim entries and will be offering root beer floats in the conference room following the swim. This has become an annual event for CTK and FPFC.
- Special Olympics swimming begins on Thursday, March 31 from 6:30 - 7:30 PM. Their season runs through early June. Thursday evening lap swim will run from 5:30 - 6:30 PM during spring session.

COMMUNITY INVOLVEMENT

- AFM Bigelow continues to volunteer as a Disaster Action Team Captain for the American Red Cross West Skagit Unit. She and her team have responded to 2 local house fires during the month of February.

Administration – Executive Director Marilyn Stadler & Business Manager Cheryl Thomas

- The Active Military Program for January 2016 was 80 visits by 46 different participants, YTD 325 and the usage by military families for January was 116 visits.

Month	# of Visits	Month	# of Visits
October 2014	53	October 2015	89
November 2014	34	November 2015	72
December 2014	46	December 2015	84
January 2015	23	January 2016	80
February 2015	49	February 2016	
March 2015	97	March 2016	
April 2015	72	April 2016	
May 2015	72	May 2016	
June 2015	48	June 2016	
July 2015	69	July 2016	
August 2015	86	August 2016	
September 2015	69	September 2016	
TOTAL	718	TOTAL	325

- Other statistics:
 1. The FPFC total number of visits for January 2016 was 3,908 and January 2016 Year-to-Date was 3,908. The FPFC total number of visits for January 2015 was 3,569 and January 2015 Year-to-Date was 3,569. These statistics also don't include the visits from Physical Therapy patrons, swim meet participants or rentals.
- Fidalgo Pool Forum has not received any interest.
- Twenty-two people have registered on-line since the promotion started (1 Guemes, 3 Oak Harbor, 1 La Conner, 1 Mount Vernon and the rest were from Anacortes).
- Business Manager Thomas stated that Quickbooks is working better after receiving tech support.

Maintenance – John Little

- Installed a new 5 CD Changer for the upper fitness room. The old one was defective and not repairable. Renewed a defective speaker wire to a stereo speaker that wasn't working.
- Installed a new Comcast cable box in the upper fitness room. The old one from 2004 was causing background static in the speakers.
- Installed hand sanitizer dispensers in the lower and upper fitness areas.
- Renewed 2 pool pump controller contactors and installed contactor coil surge protection on all 5 contactors in the pool pump control box.
- Installed a circuit breaker in the electrical panel room to make the inoperative dryer in the men's locker room operational. Ordered a new dryer to replace an inoperative one in the women's locker room.
- Renewed 3 defective UV cabinet cooling fans.
- Painted the walls and ceiling of the upper fitness weight storage alcove.
- Prepped the ground for topsoil and grass in the bare lawn area north of the lower fitness area.

Investments

- \$186,204.61 will mature August 1, 2016.
- \$40,000.00 will mature July 31, 2016
- We have a total of \$226,204.61 in investments.

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Financial Reports

Levy net income based on QB for January 2016 – (\$38,528.26) and YTD – (\$38,528.26) Levy funds from end of year should cover expenses until our first major levy release this year in April. Program net income for January – \$14,243.15 and YTD - \$ 14,243.15. Gross income for programs is listed below:

DEPARTMENT	FISCAL YEAR	JANUARY 2016	JANUARY YTD 2016	JANUARY 2015	JANUARY YTD 2015
Aquatics	Jan 1 – Dec 31	\$16,878	\$184,631	\$15,402	\$15,402
Swim Lessons	Jan 1 – Dec 31	\$5,676	\$80,911	\$7,897	\$7,897
Youth Aquatics	Sept 1 – Aug 31	\$5,147	\$44,631	\$9,257	\$43,721
Fitness Center	Jan 1 – Dec 31	\$7,063	\$64,753	\$7,057	\$7,057

Old Business

- **Landscaping**
Chair Cheryl Thomas stated that Commissioner McNett sent Molly Maguire digital photos and the building plans of the fitness center. Ms. Maguire is working on the landscaping plan. Chair Thomas will notify Ms. Maguire that the project plans and its options on due to us by or on April 15, 2016.
- **Master Capital Improvement Plan (MCIP) Committee**
 - Executive Director Stadler briefed the Commissioners on the work of the MCIP Committee.
 - The survey is in process, and will end on March 9, 2016. A subcommittee has been assigned to prepare the results for the public.
 - Next step includes having two workshops and inviting the public to tour the building, review the survey results, use the facility for research purposes, and offer addition comments.
 - Next meeting of the MCIP is Tuesday, March 29, 2016, 5 pm in the pool's conference room.
- **Assistant Aquatic and Fitness Manager Position**
Assistant Aquatic and Fitness Manager Jillian Dees was introduced to the Commissioners and public present.

New Business

- **Anacortes Rotary & Anthony's Grant**
Friends of Fidalgo Pool & Fitness Center will be receiving a \$5,200 Anacortes Rotary Club grant for a new pool chairlift. Anthony's Restaurant and Anacortes Rotary Club partner every year to raise funds for local charities. Three Commissioners and nine Friends of Fidalgo Pool & Fitness Center members attended the event. A Letter to the Anacortes American Editor and thank you letters are being prepared.
- **Bond Attorney**

Executive Director Stadler stated that our Bond Attorney David Thompson has moved to a different agency. The Commissioners stated that we can stay with his previous law firm or move our account to him at his new law firm.

- **Executive Session ordered by Commissioner Andrew Olson as permitted by RCW 42.30.110 - Legal**

At 6:15 pm, Commissioner Olson stated that an executive session will occur for 20 minutes. The public meeting will resume after that time. No actions were taken.

ADJOURN

MOTION: A motion was made and seconded (WAY/LARSEN) to adjourn the meeting at 6:40 pm. The motion passed unanimously.

The next regular meeting is scheduled for Thursday, April 7, 2016, 5:30 p.m. at Fidalgo Pool and Fitness Center conference room.