



Spring 2018

June 18 - August
Schedule subject to change
 rev. 5/3/18

HOURS OF OPERATION:

Monday-Friday 5:00 am-8:00 pm
Saturday 7:00 am-12:00 pm
Sunday 11:30 am-2:30 pm

POOL

CLEANSING SHOWER FOR ALL SWIMS MANDATORY!

Please, no street shoes on deck.
CLEAN DECK SHOES ONLY!

Public Swim

This is a multi-purpose pool time including but not limited to lap swimming, water walking, group & personal water exercise & swim lessons.

Lap Lane Etiquette

1. Circle-swim counter-clockwise preferred.
2. Circle-swim required for three or more swimmers in a lane
3. Pass in the middle of the lane.
4. If stopping, stay to the left of incoming swimmers.

Monday, 5:00am - 2:30 pm
Wednesday & Friday 5:30 - 6:30 pm
Limited lanes 1 - 2:30 pm Mon/Wed

Tuesday: 5:00am - 2:00 pm (Apr. 10 - 30)
 5:00 - 12:45 pm (May 1 - Jun. 12)
 6:00 pm - 8:00 pm
Limited lanes 5:45 - 7am

Thursday: 5:00am - 2:00 pm (Apr. 12 - 30)
 5:00 - 12:45 pm (May 3 - Jun. 14)
 7:00 pm - 8:00 pm
Limited lanes 5:45 - 7am

Saturday: 7:00 am - 9:30 am
Limited lanes 8:30 - 9:30 am

Sunday: 11:30am - 1:00 pm
 10:30 am - 1:00 pm (beg. May 6)*
 * Adults (14 & older only), 13 & under with Pvt. Swim Inst. only.

Recreational Swim

Family swim time with slide, diving board, ball buoy, foam toys and Friday night Wibit!

1. Children 6 and under must be accompanied by an adult in the water within arms reach at all times.
2. No spectators on deck. Please sit in the balcony.

Mon/Wed/ Fri: 6:35 pm - 8:00 pm
Saturday: 10:35am - 12:00 pm
Sunday: 1:15 pm - 2:30 pm

Water Fitness

Water exercise shoes recommended for shallow water.
 Buoyancy belts supplied for deep water classes.

Monday & Wednesday:	6:15 - 7:15 am	Water Exercise
	8:00 - 8:55 am	Aquaerobics
	9:10 - 10:00 am	AquaFit & Strength
Tuesday:	6:30 - 7:30 pm	Aqua Zumba
Tuesday & Thursday:	7:30 - 8:25 am	PowerFit & Pilates
Friday:	8:30 - 9:20 am	Mind'n'Motion
	6:15 - 7:15 am	Water Exercise
	8:00 - 8:55 am	Deep Aquaerobics
	9:00 - 9:55 am	Deep H2O Intervals
Saturday:	8:30 - 9:25 am	Surf: AquaFit & Strengthen

Facility Closure Dates:

May 12 from 10 am - 3 pm: Spring Splash Community Open House
May 18 @ Noon: TAC Swim Meet
May 19 & 20: TAC Swim Meet
May 28: Memorial Day

Rent the Pool

Call to reserve your party today!

Monday - Friday: 8:00 pm - 10:00 pm
Saturday: 12:30 pm - 8:00 pm
Sunday: 3:00 pm - 6:00 pm

Contact Information:

1603 22nd Street • Anacortes, WA • 98221
 Phone: 360-293-0673 FAX: 360-299-2953
www.fidalgopool.com

TAC Masters Practice

Tuesday/Thursday 5:45 am- 7:00 am
 Monday/Wednesday 1 - 2:30 pm
 Saturday 6:00 am- 7:00 am

Questions: contact Calvin Milbach caljrun@yahoo.com