

## Welcome to Our Pool

Each child brings different experiences and expectations when they come to Swim Lessons. Our teachers are kind and caring and will do their best to meet your child's needs in a group setting.

If one-on-one instruction would better suit your child's needs, private lessons are available.

### Parents: We need your help...

- Have your child take a cleansing shower before going out to the pool. It helps prevent water-borne illness.
- **No shoes are allowed on the pool deck except for aqua shoes or shoes that have not been worn outside.**
- Please respect our Instructors.
- Parents of children seven & older must observe from the balcony.
- Children who are not potty-trained must wear a swim diaper with plastic pants when in the pool. They are available for purchase at the Front Desk for \$3.00 each.

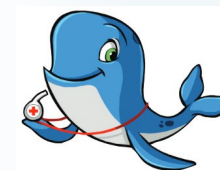


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[www.fidalgopool.com](http://www.fidalgopool.com)



2018

Summer  
Swim Lessons



*Session 1: June 18-28*  
*Session 2: July 9-19*  
*Session 3: July 23-Aug 2*  
*Session 4: Aug. 20-30*

*Swim Lesson App:*  
*[redcross.org/mobileapps](http://redcross.org/mobileapps)*  
*Or go to*  
*[www.fidalgopool.com](http://www.fidalgopool.com)*



**Class Placement**

To properly place your child, please speak with an instructor or Aquatics Manager.

**What class for my child?**

- Aqua Kids:** 6-36 mos. (with parent)
- Preschool** 3-5 yrs. Old —30 min.
- Learn To Swim** 6—15 yrs. —45 min.
- Adult** 16 yrs. & up —45 min.

**Sessions**

- Session 1:** June 18- 28
- Session 2:** July 9-19
- Session 3:** July 23- Aug 2
- Session 4:** Aug. 20- 30

**Fees**

- M-TH 2 week Session (8 lessons)**
- T/TH Aqua Kids Session (4 lessons)**

- Aqua Kids:** \$25.00
- Preschool:** \$50.00
- LTS & Adult classes:** \$75.00

Out of District add \$5.00 per session

**Group Lesson Days & Times**

***Monday -Thursday***

***2 week sessions***

***Morning Summer Lessons***

- Pre 1, 2 & 3** 9:30 am.
- LTS 1, 2 & 3** 9:30 am.
- Pre 1, 2 & 3** 10:05 am.
- LTS 1, 2 & 3** 10:20 am.
- LTS 4, 5 & 6** 10:20 am.
- Pre 1 & 2 Combined** 10:40 am.
- \*Aqua Kids- T/TH only** 11:00 am.

***Evening Summer Lessons***

- Pre 1, 2 & 3** 5:00 pm.
- LTS 1** 5:00 pm.
- Pre 1, 2 & 3** 5:35 pm.
- LTS 1, 2 & 3** 5:50 pm.
- LTS 4, 5 & 6** 5:50 pm.
- Pre 1, 2 & 3** 6:10 pm.
- Adult Class** 6:45 pm.

***Space for each class is modified for safety.***

***\*Registration opens May 1st and is a first come first serve basis.***

**Preschool Ages 3-5 yrs.**

**Pre 1**– Beginner -Full dependency. (Does not swim)

**Pre 2**– Intermediate - With some independency.

**Pre 3**– Advanced– Independent in the water (can swim and float on their own).

**Learn-to-Swim 6 yrs. & up**

**LTS 1**– Beginner – Full dependency. (Does not swim)

**LTS 2**– Beginner with some independency.

**LTS 3**– Intermediate - Can swim independently and tread water.

**LTS 4**– Intermediate –Can swim the length of the pool, tread and dive.

**LTS 5 & 6**– (Pre Swim Team) Can swim multiple lengths of the pool with knowledge of 6 key strokes, turns & dives. Learns stroke, turn & dive refinement as well as personal fitness.

**Adult**– Beginner skills through intermediate stroke refinement.