

Welcome to Our Pool

Each child brings different experiences and expectations when they come to Swim Lessons. Our teachers are kind and caring and will do their best to meet your child's needs in a group setting.

If one-on-one instruction would better suit your child's needs, private lessons are available.

Parents: We need your help...

- Have your child take a cleansing shower before going out to the pool. It helps prevent water-borne illness.
- **No shoes are allowed on the pool deck except for aqua shoes or shoes that have not been worn outside.**
- Please respect our Instructors.
- Parents of children seven & older must observe from the balcony.
- Children who are not potty-trained must wear a swim diaper with plastic pants when in the pool. They are available for purchase at the Front Desk for \$3.00 each.

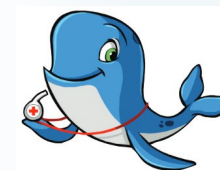


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www.fidalgopool.com



2018

Spring
Swim Lessons



Session 1: April 9 - May 3
Session 2: May 7 - May 31
(No class Memorial Day)

Swim Lesson App:
redcross.org/mobileapps
Or go to
www.fidalgopool.com



Class Placement

- To properly place your child, please speak with an instructor or Aquatics Manager.

What class for my child?

| | |
|----------------------|--------------------------|
| Aqua Kids: | 6-36 mos. (with parents) |
| Preschool | 3-5 yrs. Old —30 min. |
| Learn To Swim | 6 yrs. & up —45 min. |
| Adult | 16 yrs. & up —45 min. |

Sessions

Session 1: April 9 - May 3
Session 2: May 7- May 31
 (No class Memorial Day, Monday, May 28)

Fees

M/W Session 2 (7 lessons)
Pre : \$43.75
LTS: \$65.50

M/W Session 1 (8 lessons)
T/TH Session 1 & 2 (8 lessons)
Pre: \$50.00
LTS & Adult classes: \$75.00

Out of District add \$5.00 per session

Group Lesson Days & Times

Monday/Wednesday

Info listed is for 2 Spring Sessions

| | |
|-------------------------|-----------|
| Pre 1, 2 & 3 | 10:30 am. |
| Mix LTS | 11:00 am. |
| Pre 1, 2 & 3 | 4:30 pm. |
| LTS 1, 2 & 3 | 4:30 pm. |
| Pre 1, 2 & 3 | 5:05 pm. |
| LTS 1, 2 & 3 | 5:20 pm. |
| LTS 4, 5 & 6 | 5:20 pm. |
| Pre 1, 2 & 3 | 5:40 pm. |

Tuesday/Thursday

| | |
|-------------------------|-----------|
| Pre 1, 2 & 3 | 10:30 am. |
| Aqua Kids | 11:00 am. |
| Pre 1, 2 & 3 | 4:00 pm. |
| LTS 1, 2 & 3 | 4:00 pm. |
| Pre 1, 2 & 3 | 4:35 pm. |
| LTS 1, 2 & 3 | 4:50 pm. |
| Pre 1, 2 & 3 | 5:10 pm. |
| Adult Class | 4:50 pm. |

Preschool Ages 3-5 yrs.

Pre 1- Beginner -Full dependency. (Does not swim)

Pre 2- Intermediate - With some independency.

Pre 3- Advanced- Independent in the water (can swim and float on their own).

Learn-to-Swim 6 yrs. & up

LTS 1- Beginner – Full dependency. (Does not swim)

LTS 2- Beginner with some independency.

LTS 3- Intermediate—Can swim independently and tread water.

LTS 4- Intermediate –Can swim the length of the pool.

LTS 5 & 6- (Pre Swim Team) Can swim multiple lengths of the pool and dive. Learns stroke refinement.

Adult- Beginner skills through intermediate stroke refinement.