



Fall 2017

August 28 - December 31

Schedule subject to change

rev. 8/22/17

HOURS OF OPERATION:

Monday-Friday 5:00 am-8:00 pm

Saturday 7:00 am-12:00 pm

Sunday 11:30 am-2:30 pm

POOL

CLEANSING SHOWER FOR ALL SWIMS MANDATORY!

Please, no street shoes on deck.

CLEAN DECK SHOES ONLY!

Lap Swim/Water Walking

1. Circle swim counter-clockwise.
2. Inform swimmer before entering the lane.
3. Pass in the middle of the lane.
4. If stopping, stay to the left of incoming swimmers.

**Monday,
Wednesday & Friday** 5:00am - 2:30 pm
5:30pm - 6:30pm

**Tuesday &
Thursday:** 5:00am - 2:00 pm *
5:30pm - 8:00 pm
**Limited lanes 5:45 - 7am*

Saturday: 7:00am - 9:30 am[†]
†Limited lanes 8:30 - 9:30 am

Sunday: 11:30am - 1:00 pm

Open Swim

1. **Children 6 and under must be accompanied by an adult in the water within arms reach at all times.**
2. **No spectators on deck. Please sit in the balcony.**
3. **Lifeguards are in charge at all times.**

Mon/Wed/ Fri: 6:35 - 8:00 pm
Saturday: 10:35am - 12:00 pm
Sunday: 1:15pm - 2:30 pm

Water Fitness

Work at your own pace as our instructors help you reach your fitness goals! Water exercise shoes recommended for shallow water. Buoyancy belts supplied for deep water classes.

Monday & Wednesday:	6:15 - 7:15 am 8:00 - 8:55 am 9:00 - 9:55 am	Water Exercise Aquaerobics AquaFit & Strength
Tuesday: Tuesday & Thursday:	6:30 - 7:30 pm 7:30 - 8:25 am 8:30 - 9:20 am	Aqua Zumba PowerFit & Pilates Mind'n'Motion
Friday:	6:15 - 7:15 am 8:00 - 8:55 am 9:00 - 9:55 am	Water Exercise Deep Aquaerobics Deep H2O Intervals

Facility Closure Dates:

September 4: Labor Day
October 28 - 29: Fall Thunderbird Meet
November 3 at noon & November 4 all day:
Girls' HS 2A District Meet
November 23: Thanksgiving
December 24 at noon: Christmas Eve
December 25: Christmas
December 31 at noon: New Year's Eve

Pool ONLY Closures:

Pool closes at 1:45 pm: Sep. 14, 21, 26, 28, Oct. 3, 10, 12, 17, 19
No 5:30 pm Lap Swim: Sep. 26, 28, Oct. 10, 12, 17

Rent the Pool

Call to reserve your party today!

Monday - Friday: 8:00 pm - 10:00 pm
Saturday: 12:30 pm - 8:00 pm
Sunday: 3:00 pm - 6:00 pm

Contact Information:

1603 22nd Street • Anacortes, WA • 98221
Phone: 360-293-0673 FAX: 360-299-2953
www.fidalgopool.com

TAC Masters Practice

Tuesday/ Thursday 5:45 am- 7:00 am
Saturday 6:00 am- 7:00 am
Questions: contact Calvin Milbach caljrun@yahoo.com