

SWIM LESSON PARENT

From: Josh Baldwin [mailto:joshb@quantumci.com]

Sent: Thursday, January 12, 2017 3:23 PM

To: Marilyn Stadler

Cc: Email (baldwjm@gmail.com)

Subject: Fidalgo Pool Swim Lesson Usage Concerns

Hi Marilyn,

Thank you for the opportunity to comment on this! I'll also check with my wife about comments and to see if she knows someone who can make it to the meeting.

The biggest concern for me is was the changing room situation. Many times Swim Lessons and Swim Teams are scheduled at the same time, so when I took my 6 year old son into the changing room, there were twenty or thirty 13-16 year olds also changing. It made my son very uncomfortable to be in a completely packed locker room and trying to get naked. At this age, we're working very hard with him to learn about what's appropriate and not appropriate, and it's really hard to tell him that it's not OK for strangers to see you naked (for other obvious reasons) and then sending him into a group locker room. I'm sure it will be a hundred times more awkward when my young girl starts going to the pool.

Another related consideration would be a locker room design that is screened/divided in some way. When we lived in Mount Vernon, we did some water tot classes at Riverside. They use banks of lockers to divide their men's room, which offered a modicum of privacy that would be more appropriate to older kids. I'm young enough that I remember being slightly uncomfortable as an older youth in the currently-very-open locker rooms and changing with a huge group.

Deck space viewing is also a consideration. While the balcony is fine for watching larger children, it's unsettling when you have a young child in the pool for swim lessons and (even if there's a life guard and it's totally unreasonable) you plan to dive in to save your kid if something happens.

Two pool temperatures would be great, but the bigger consideration to me for children is how cool they get when they leave the pool. Possibly placing a few damp-resistant electric radiant heaters could alleviate this, but it's not like the pool area is cold, it's just cold when someone gets out of the pool and shivers in the air.

I'm also part of the board of directors and building committee planning the new Skagit Family YMCA, and here are a few additional thoughts we've been discussing:

1. Warm water pools are also a great alternate revenue source for physical therapy use.
2. Two separate bodies of water provide much more flexibility with limited cross over. For example, it might be easier to have a group fitness class in a smaller pool and lap swimming in the larger.

3. Family changing rooms are the common trend across the country, especially considering the transgender discussion impacting many states. Being weighted towards gender neutral, private rooms allows flexibility and privacy no matter how old or which side of the debate you fall on.
4. Water features (indoor spray parks, not slides) seem great, but many of the new aquatic designs across the country are forgoing these for liability reasons, and because the space is completely purpose driven and lacks the flexibility of a basic body of water.

Hope this helps!

Have a design where parents could watch kids at lessons while they are working out.
Offer mini-classes/drop-in classes for parents while kids are in swim lessons.
Improve Swim Lesson Class structure (depends on competence of individual swimmer).
Improve on inconsistency of swim lesson levels, so parents don't have to pay extra for private lessons.

I would love to see family changing rooms. It was always a difficult decision for me when the boys turned 6 to keep them in the girl's locker room or send them on their own into the men's. I have used family changing rooms at a pool in Canada and they were fantastic. They had about 4-5 rooms you could go into as a family. Change your kids and out on your way.

The fitness center is great but I have never thought to use it because I am usually watching the kids. Maybe advertising it to parents as a place they can exercise while their kids swim would be good if that is a goal of the pool. Hope that helps. I feel the lessons are always great and watching from above or below works well for me. A retractable roof would be nice :) for fresh air in the summer. I would vote yes for that!

POOL USER

-----Original Message-----

From: Sarah Broderick [mailto:lunatuna3@me.com]

Sent: Thursday, January 19, 2017 2:43 PM

To: Marilyn Stadler

Subject: Pool project

Hi Marilyn,

I have lived in Anacortes for over 17 years. I have used and enjoyed the pool off an on for classes, physical therapy and doing my own exercise routine. I would use the pool all the time but for two main reasons I don't much. It is too COLD. I understand the pool is kept cool because of the swim team but I don't think that is fair. I wear a swim jacket and even with that on, I am too cold. Sometimes I have to leave the pool. I can't afford a wet suit. After complications following back surgery I worked for months with a physical therapist to be rehabilitated. But it was usually not as good as it could have been due to the temperature. I believe my recovery would have faster and better if I had been in a WARM therapeutic pool. Being older and small I feel colder than others. I only warm up with a hot shower.

I also want to comment on the terrible lack of privacy in the changing and shower area. There is a total lack of privacy. Because of that most times I shower quickly and then put my sweats directly over my wet suit. There are some of us who don't feel comfortable being naked in front of all those people.

I hope you will address these issues. 17 years is a long time to wait for pool improvements!!!!!! Please at the least put in a good size therapeutic pool where one cannot only rehab but do exercises in deep and shallow water. Deep water work outs improve stability, core work, balance and overall fitness.

Please share this email with the right people as I wasn't sure who else I should send it to. Thanks!

Sarah Broderick

Anacortes

-----Original Message-----

From: Sarah Broderick [mailto:lunatuna3@me.com]

Sent: Thursday, January 19, 2017 4:15 PM

To: Marilyn Stadler

Subject: Re: Pool project

You are welcome. I forgot to add, though, that much of the Anacortes population are seniors and I don't think that much thought has gone into this aging population when it comes to our pool. Retirees are moving here so it'd be nice for our changing community to have the upgrades that are being discussed. But I hear about the cool temps from older folks who go for the therapeutic aspect of the pool but it appears to also be an

important social outlet and is about "community" - an extension of the senior center. Kids can take any temperature in the shared pool but how wonderful to have a pool of our own. Please understand that I am very grateful that we have a pool in Anacortes!!! Not every town our size has that luxury!

Sarah

> On Jan 19, 2017, at 2:44 PM, Marilyn Stadler <mstadler@fidalgopool.com> wrote:

>

> Thank you so much. This is great information for me to share with the Commissioners, Long Range Planning Committee and the architects working on this project.

>

> Marilyn

Carla Bigelow

From: Chris Kresge <gadgetnut@mac.com>
Sent: Monday, January 23, 2017 10:36 AM
To: Carla Bigelow
Cc: Justin Bogdanovitch
Subject: Re: Follow up from Chris and Justin

Hi, Carla, below are a couple bullet points about architectural improvements. Thank you for receiving this.

Best from Chris and Justin

- The elephant in the room: recognize competing desires, that we welcome the opportunity for improvements but at the same time don't want the facility closed for 18 months while its being remodeled

- analyze the water activity space you currently have plus any space you may be able to add and optimize for flow and movements so that competing activities impinge less on each other.

Example: AquaZumba sometimes has to be squashed down into two lanes in order to accommodate swim team practice lane swimming directly behind us- sometimes water aerobics teachers can't compete for attention with coaches' yelling motivating their team- each activity is valid but how do you accommodate both simultaneously?

- Variety is needed. Having new and varied water fitness classes is more fun for participants and instructors- you have a large number of enthusiasts, you could bring additional new and different water fitness classes if you had space to teach them

This brings us to the question: is there space or budget for a 2nd basin? If that space is square, it works for fitness, if it's long it works for swimming, etc.

Around the world, the favorite indoor pools I visited have these features:

- 1.) light or windows or skylights- a little light and air in the pool would be wonderful
 - 2.) salt water option or the "friendliest" hygienic water treatment possible
- I would prefer bring your own lock day lockers in the changing room- I'd use a combination padlock and not worry about keys and quarters
 - pool deck modernization- there must be a new surface that is both easy to maintain and less slippery, not sure
 - would love the option for a few shower stall+curtain showers in a row- some people prefer some privacy, why not?
 - make good audio music design part of the infrastructure from the ground up- find out how good audio is reliably delivered in pool environments and build it in, don't try to add it on later

- like it or not, everyone loves to watch video these days, it's more eye catching and less work than a bulletin board- in the lobby where people check in, mount a large screen TV which would be used as signage, like at an airport. Make it so it's super easy to update, you could put up schedule changes, notices, cross promote other classes at the facility, maybe get a twofer and display the pool's Facebook stream- everyone has to walk by the front desk, use this opportunity to engage and tell people about new things they could try

- regarding the studio for land aerobics classes, be mindful of the sound of music as you plan adjacent spaces- ideally any class could play music at an appropriate volume without having to worry about disturbing others next door at any time of day

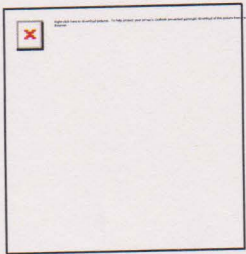
On Jan 16, 2017, at 3:09 PM, Carla Bigelow <cbigelow@fidalgopool.com> wrote:

Terrific! Thanks!

From: Chris Kresge [<mailto:gadgetnut@mac.com>]
Sent: Monday, January 16, 2017 3:09 PM
To: Carla Bigelow
Subject: Re: Follow up from Chris and Justin

Yes! Will do!

Best from Chris



Chris Kresge | CREATIVE + TECHNOLOGY

CONVENIENT INTEGRATION ...it's about time

[website](#) | [email](#)

Sent from my iPad

On Jan 16, 2017, at 2:11 PM, Carla Bigelow <cbigelow@fidalgopool.com> wrote:

Thank you for considering it, Chris. If you have a moment, would you be willing to just jot down some things you would like to see for and at the facility? No idea or suggestion is off limits.

Have a great week!

Carla

From: Chris Kresge [<mailto:gadgetnut@mac.com>]
Sent: Monday, January 16, 2017 7:39 AM
To: Carla Bigelow
Subject: Follow up from Chris and Justin

Good morning, Carla. Brrrrr! We are ready for a thaw! I wanted to followup with you: I checked our schedules next week regarding the upcoming architecture meeting- and with prior commitments and out of town work engagements, I'm sorry we are unable to attend. Take care, Carla, and see you at the pool.

LAP SWIMMING

From: Kevin [mailto:saylke@hotmail.com]
Sent: Tuesday, January 24, 2017 7:19 AM
To: Marilyn Stadler
Subject: Potential Pool Changes/Upgrades

Marilyn,

Since I'm working today and unable to attend the input meetings I thought I'd email. The first few years we lived here (2008-2012 or so) I swam at the pool quite a bit as I've raced triathlons for fun. My wife and I have enjoyed our use of the facility which we see as being pretty decent for a small community. However, the biggest area of improvement from our standpoint is availability of the pool for lap swim. The lap swim schedule really caters to the retired crowd, of which we are not (37 and 42). The 1 hour of full pull lap swim starting at 5:30pm is barely adequate for a serious swimmer IF the swimmer can arrive right at 5:30pm. Then on the night(s) it is available later into the evening the number of lanes available for lap swimmers is hardly sufficient given different speeds of swimmers. I'm totally up for circle swimming but there needs to be at least 3 lanes and people need to stick to their appropriate speed lane. So, enough complaining and a solution. Could a 4-6 lane lap pool be considered? Mid-day it could be used for water aerobics, and then the rest of the time it would be all lap swim until like 8:30 or 9pm? I would definitely consider getting back into swimming at least part of the year if that was available.

Anyway, that's my 2 cents worth. Hope the meetings are well attended.
Kevin

FITNESS CENTER USERS

From: cheryl hellam [mailto:burrowsbay4510@gmail.com]
Sent: Wednesday, January 11, 2017 3:53 PM
To: Marilyn Stadler
Subject: Fitness center

I love your fitness center. Would be so happy if it could be enlarged. We only have one gym in Anacortes and it is dirty and so full nobody can get on a machine they want. Anacortes will benefit with an expanded workout room at the pool. TV would be a great addition as well and some piped in music. It is just too quiet in there. Music rejuvenates people and would be very welcomed after talking to a lot of members.

Thank you for allowing me my input

Cheryl Hellam

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Sent from Gmail Mobile

Jan 23, 2017

Suggestions for a Renewed Fidalgo Pool Building:

1. One integrated building whether a remodel or new construction
 1. security/safety
 2. accountability of staff and patrons
 3. one attractive community themed entrance which positions the facility as a community resource
2. sound attenuation in the weight room/gym area, no TVs
3. if a total remodel is done on the locker rooms, heated floors would be a reasonable addition
4. ADA compliant locker rooms would have to be large enough to effectively handle mobility devices that may not look like the simple wheelchairs we have today.

Phil Bealer
253-279-8234

SUBJECT: Fidalgo Pool & Fitness Center Design Comments

Date: 2017-Jan 23

The following comments are in response to the American Anacortes article in January 18, 2017.

I am not affiliated with any "group". I am a senior citizen that uses the pool to swim laps at the 5 a.m. hour. I read that there has already been a survey & public workshops but i would like to make the following comments.

1. **Utilities:**

- a. I have no issues with the existing lighting, HVAC, H₂O, etc. There has always been enough hot water, i've never been too hot or too cold, etc.
- b. If they need replacing due to maintenance issues, then i am ALL for it.

2. **Parking:**

- a. At 5 a.m., i never have a problem parking at the front door to the pool.
- b. However, i have seen the parking lot jammed & overflowing. I'm guessing there is a need for additional space. The preference, but not an requirement, is to have it close to the door weather reasons as rain, wind, cold, ice, etc.
- c. For those who BICYCLE in, special consideration should be given to locating the bike racks VERY near the entrance AND COVERED. I know at least one person who bikes in nearly all the time & in just about every kind of weather. These people should be given preference & should not have to mount a wet bike seat. Bicycling is the method we want to encourage & is the most environmentally friendly.

3. **Changing Rooms**

- a. I am against additional changing rooms in the exiting facility. If someone prefers a changing room & one is not available, then they can adjust & wait the few minutes. The 5 a.m. crew comes dressed for action which reduces the need for these. I don't know of anyone who NEEDS a changing room unless they are wheelchair bound-needing a wider room with wall mounted holds. I am a bit overweight, had my right arm cut off & a double mastectomy with no reconstruction & i have no issues.

4. **Pool Temperature**

- a. The older, the colder. So yes, it would be very beneficial to have an exercise/aerobic/water fitness & PT pool. However, can we afford it? I'd prefer to focus on excellent maintenance of what we have presently.
- b. I defer to Sue, the early morning instructor as to size, temperature, etc. for a 'warm' water pool.
- c. I, personally, enjoy the cooler temperatures that occur after swim meets.

5. **Maintenance & Cleaning**

- a. Design **MUST** be functional NOT spiffy.
- b. Any additional available room needs to be allocated for easy access & maneuverability by maintenance people.
- c. Materials & shapes should be for the ease of cleaning (as well as not getting dirty in the 1st place), NOT for looks. I defer to the cleaning crew.

Von W Kuehn, D.D.S.
1306 L Ave.
Anacortes. WA 98221

January 18, 2017

Ms. Marilyn Stadler
Fidalgo Pool and Fitness Center
1603 22nd Street
Anacortes, WA 98221

Dear Marilyn,

As you requested in our phone conversation the other day, I have been thinking of observations and recommendations I might make for the future of the pool and fitness center facilities and operation.

First, let me tell you about how I use the facilities. I have used the pool portion since it opened, starting as a lap swimmer and bringing my kids to swim lessons and open swims. Also, for the first few years, Betty and I would rent the pool for after hours New Years Eve and invite a bunch of friends to have a healthy and sober start to the new year and then have them over for music and fun the rest of the evening.

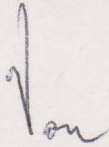
Over the years, I have taken aerobic classes, used the early exercise machines, senior fitness classes, as well as lap swimming during the winter months. So it is obvious that I have been an participant in many, but not all that the building has to offer.

I am aware of some past talk of some sort of hydrotherapy pool expansion and frankly don't have strong feelings about that type of service. I believe that a demand from the physical therapy community should point the way for the need. On that subject, I was surprised with the addition of the weight facility when the community had two similar private centers. I hope that our public program had no influence on the closure of Bayside fitness last year!

Operationally, it seems that it is well run and the staff are attentive and cheerful. The dressing rooms are warm and clean and the showers have hot water. My only observation that would help me, is that it would be nice to know that the Thunderbird kids are scheduled to occupy the lap swim lanes before I commit to entering. (Maybe a small desk notice at the counter). It is possible that I missed seeing or knowing about their schedule.

I don't know if I am just getting older, but I am very happy with the facility and its programs as they are but am not opposed to growth of our public facility as long as it doesn't discourage the attempts to fill the perceived needs of the community by private business.

Yours very sincerely,

A handwritten signature in dark ink, appearing to read 'Von W Kuehn', written in a cursive style.

Von W Kuehn, D.D.S.