



Love Fidalgo? Join the Friends of Fidalgo Pool & Fitness Center on **February 10<sup>th</sup> from 10:00 a.m. to noon**, or from **5:00 – 7:00 p.m.** for a fundraiser kick-off featuring a group exercise class suitable for all ages and abilities. During the first hour, enjoy the opportunity to try a sampling of class activities from several instructors - move it, stretch it, shake it! During the second hour take a tour of the fitness center and equipment, and talk with instructors and trainers. Then shop from the ❤️ Love Fidalgo bulletin board.

Everyone who uses the facility knows that community is the heart of FPFC, and together we can make it an even better place. Wish there were more sand bag weights? Have you noticed some of the pool noodles are waterlogged? Now is your chance to help FPFC purchase some new equipment. Please stop by the pool, enjoy an awesome workout, and choose an item or two from the wish list you would like to purchase for FPFC!