

## Join Friends!

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Monthly meetings are on the 2<sup>nd</sup> Monday of each month at 9:00 a.m. in the meeting room at the pool. We are always seeking new members to contribute their energy, ideas, and a little time to help make Fidalgo Pool and Fitness Center an even better place. Please join us and share your skills and talents with us! There are many other ways to help out if coming to meetings is difficult. Please complete this form and turn it in at the front desk of the Pool. We'll be in touch. Thank you so much!

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ E-mail \_\_\_\_\_

**1603 22<sup>nd</sup> St.  
Anacortes, WA  
98221**

**Phone: 360-293-0673**

**Fax: 360-299-2953**

**[www.fidalgopool.com](http://www.fidalgopool.com)**

**Find us on Facebook**



Join us in our efforts to support Fidalgo Pool and Fitness Center! We are committed to increasing community awareness of the importance of healthy activities, fundraising for the center's renovation and equipment updates, promoting wellness education, and providing volunteer assistance when needed.

Throughout the year we participate in fundraising efforts, we offer expertise, collect donations, provide volunteer help, produce a newsletter, and we have fun! It's easy to become a Friend. Just bring your energy and ideas to one of our meetings, at 9:00 a.m. on the second Monday of each month, or fill out and hand in the volunteer form in this brochure.

**...supporting health  
and fitness in our  
community...**

## What is Friends all about?



### Why Join Friends?

- You love Fidalgo Pool & Fitness Center and would like to help make it an even better place to be
- You are looking for an opportunity to become involved in the community and make a difference
- You are creative and energetic and have lots of good ideas to share
- You have business experience that can benefit the Friends' Board
- You would like to help support some of the diverse pool and fitness center users and their needs
- You are excited to work with a fun group of people and make new friends

### The Role of Friends... Improvement Projects:

- Becoming a Fidalgo Backyard Wildlife Habitat through grounds work and landscaping efforts including ivy removal, grounds clean-up, and native plantings
- Assisting with the purchase and installation of pool side benches
- Assisting the Thunderbird Aquatic Club with the purchase of new bleachers for the pool balcony area

### Fundraising Activities:

- Annual Spring Cleaning Sale
- Annual Fall Plant Sale
- Bleacher Bucks, The Power of Change campaign
- Eat•Swim•Run Cookbook chock full of patron recipes!
- Networking with local businesses
- Establishing an Endowment Fund for the ongoing support of FPFC

### Communications:

- Quarterly Splash News! Newsletter full of information about activities, events, and people at the FPFC
- Regular Facebook updates to keep patrons updated about FPFC events
- Promotion of FPFC in the local press

### Non-Profit Status:

Friends of FPFC is a 501(c)(3) nonprofit charitable organization registered with the Internal Revenue Service and formed to support Fidalgo Pool and Fitness Center.

The purposes for which Friends is formed are exclusively charitable and educational in supporting Fidalgo Pool and Fitness Center District, a municipal corporation and special purpose district in the State of Washington, and the community.

### **Who should join Friends?**

*Do you lap swim, water walk, do water aerobics, have children in swim lessons, or take swim lessons yourself? Do you participate in yoga, Zumba, strength and conditioning or Silver Sneakers® classes? Do you use physical therapy services? Do you use the fitness center equipment? Are you a senior, a mother or father, a young person, a fitness guru or just trying to stay healthy? If so, **we need you!** Come to a meeting or drop off a volunteer form at the pool!*